



Terms & Conditions of Class Packs at Female Training Centre

Please read through the terms and conditions of Class Packs with Female Training Centre. If you have any questions do not hesitate to contact info@femaletrainingcentre.com or speak to your trainer.

Payment: All payments for Class Packs classes are to be made in advance. This can be done at the time of booking your single class or you can purchase a pack of classes in advance. Single classes have an expiry of 30 days from purchase, 50 Packs 120 days, 100 Packs 240 days and 200 Packs 365 day expiry.

Cancelling or missing a class: If you miss a scheduled class without notifying us, that class will be counted as used given that we had already allocated your place over another casual attendee. If you need to cancel your class you should do so within 15 minutes of that class start time by logging in to your Client Portal, going to Reserved Classes and clicking Cancel. You should receive a confirmation email of your cancellation. If you cancel your class less than 15mins before the start time, that class will be counted as used (except under special circumstances or in case of emergency, subject to management's discretion).

We cancel or miss a class: In the event of unexpected instructor sickness/absence, or inability to provide a particular class, management will do our utmost to contact you prior to the class start time. This class will be reimbursed to you and you can reschedule the class with no penalty to yourself or to us.

Health concerns: You must inform your trainer of any relevant injury or illness and will obtain a medical clearance from your medical specialist prior to beginning (or restarting) training if there are any medical concerns.

Medical freeze option: If you become severely ill or injured and have been advised by your doctor to temporarily discontinue training, and can provide evidence of such recommendation, you may freeze any remaining classes by extending the expiry date for a period up to 3 months.

Refunds: If you have pre-purchased a pack and not commenced using it, you are able to ask for a refund up to 48 hours after your purchase. No refunds will be given once a class pack had been used in part or in full.

Terms and Conditions: The terms and conditions stated herein will automatically be carried over to your any further class pack purchases upon expiry of the current package without the need for a new agreement to be signed and dated.

Liability: You accept that participating in exercise has a risk of causing injury, both minor and potentially major YOU ACCEPT THIS RISK AND ACCEPT FULL RESPONSIBILITY FOR YOUR EXERCISE AND TRAINING and have agreed to Female Training Centre's Exercise Liability Disclaimer.

You will in no way hold Female Training Centre, it's owners, staff, contractors or your trainer, liable for any injuries or illness sustained. You also agree that you have no undisclosed injury or illness that may affect your ability to undertake rigorous exercise and to the best of your knowledge you are ready and able to undertake this exercise program